

Young Buddhist Nuns Contribution to Overcome Youth Agitation of Sri Lanka

Nun Kundasale Subhagya¹

Introduction

The order of the Buddhist Nuns was the first women association in the world. According to the Buddha, to complete the Buddhist dispensation there should be four categorized people. That means monks, nuns, male devotees and female devotees. Even though the ultimate expectation is Nirvāna, not only in present but also in the Buddha's time as females the Buddhist Nuns, especially young Buddhist Nun's giving such a great contribution to overcome youth agitation of Sri Lanka.

Objectives

The main objective of this paper is to examine the young Buddhist Nuns contribution to overcome youth agitation of Sri Lanka and evaluate the effectiveness and social changes.

Methodology

The data for the study have been collected from both primary and secondary sources and relevant monographs and Pāli Canon. Ethnographic study has been conducted using observation and interview methods, with Sri Lankan Buddhist Nuns and local communities.

Discussion

For the continuation and useful existence of a society and for the event of a rustic youth is lifeblood and therefore the main vigorous active facet of a country that perceive everything from the society effectively and sensitively. The restlessness will be recognized united of the dominant factors that demonstrates ethical, moral and social degeneration of the younger generation. The agitation can be defined as "characteristics by showing inability to remain atrest, unquiet, uneasy as a person, the mind or the heart" (Oxford English online dictionary)

1. Lecturer, Intercollegiate Sri Lanka Education Affiliated to the University of Peradaniya.
kundasalesubhagya@gmail.com

The youth agitation has been recognized as a very important social undeniable fact that ought to obsessively be mentioned and given effective solutions. The arising of youth agitation may be seen in varied varieties of social phenomena like social, instructional, economical, sexual, relational, non-secular etc. the explanations and effectives for growing up youth agitation in each social context need to be recognized and understood to seek out solutions.

As a country in which the Buddhism exists, a certain contribution can really be gained in applying the teaching of the Buddha to overcome the youth restlessness before being a stringent social problem. According to the Buddhism there should be main four categorized to complete the Dispensation such as; Monks, Nuns, Male devotees and Female devotees. Buddhist nuns, who were in the past confined to religious work on their own nunneries, are now playing a more effective role as social workers and change agents in society due to the

training and education given to them. This development can be seen in the 21st century. Most of the Nuns in the younger generation are doing their studies well and giving their service to the society in many sceptors. There are four Buddhist Nuns are working at different national universities as lecturers. More than 400 Buddhist Nuns are working at government schools and pirivenes as teachers. There are Buddhist Nuns who are working at Divisional officers as the in charge for the religious social works. The Buddhist nuns are engaging social services such as Family counseling, pregnant women counseling, meditation for adults as well as children, counseling for girls from correction schools, Children Dhamma programs and classes, delivering Dhamma discourses at events organized by schools and communities, conducting full day religious programmers for the general public, and many others social works.

Presently Sri Lankan youth seems very much corrupted due to many reasons. Lack of education, addictions, unwanted intimidations, technology and political behaviors are some of the reasons for that. Due to these corruptions there are agitations in the society. There is an immense contribution from the Buddhist Nun for the development of the younger generation and to obtain a great success within a country through it. Within the past ten years the young Buddhist Nuns established great interrelationship with lay teenagers and youth, as the results of the several programs. There are verities of ways the Buddhist Nuns are contributing to overcome the agitation of the youth.

Counseling is one of valuable social service doing by young Buddhist Nuns for reduce agitation of the younger people in Sri Lanka. Using Buddhist teaching for the counseling is

more useful to control young feelings and behaviors. Especially in universities, schools and education centers Buddhist Nuns are appointed as the

counselor for the students. Young Buddhist Nuns are mostly concern about the women and children. Most of the Buddhist monasteries have been a great source of comfort to hundreds of women, both in the village and outside, who are emotionally scarred due to various problems they face in life.

Dhamma schools, Sunday's schools are really important to motivate the young generation. There are many Dhamma schools in Sri Lanka, which is conducting by Buddhist Nuns. They teach Buddhism as well as good behaviors and rituals to make quality students in Sri Lanka. Because of the Dhamma schools, the younger generation meeting Buddhist Nuns once in a week. Then they are maintaining good interrelationship with each other.

The Buddhist Nuns are conducting workshops to younger generation to motivate their future carriers. These workshops are their doing with help of other religious leaders. For an example Buddhist Nuns having various carrier guidance programs with the catholic, Christian sisters and Nuns. These projects are highly helpful for maintain religious harmony in the society. The Buddhist young community and Christian, catholic young communities are working together in these workshops. They are exchanging their experience, ideas and religion knowledge in these projects. This is very much useful for religious harmony and they are becoming good hearted friends with each other.

Dhamma preaching, Paritta chanting, worshiping ceremony for the Bhodhi tree are very much common things which are doing at the Nuns temples and theses activities are very much useful for gathering and advising for the younger generation.

Conclusion

The Buddhist Nuns in Sri Lanka are gradually developing good interrelationship with youth and lot of positive results can be seen in their lives. As a result of this interrelationship lot of young girls and boys are having more interesting about the religion. The responsibilities of young Buddhist Nuns to solve and to overcome youth agitation, restlessness are developing their education systems, giving teenagers at Dhamma schools and at other institutions right understanding of the social sentiments, applying of effective and practical systems of sharing Buddhism, inventing applicable social activities according to individual circumstances, having effective dealings with social associations and sharing dedications throughout the

social necessities and those suggestions can be given here for solutions of a positive contribution.

Keywords: Buddhist Nun, Dhamma School, Paritta Chanting, Devotees, Pirivena

Reference

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